

MALI: KOUTIALA HOSPITAL AND CLINICS

ITEMS NEEDED

Bandages

1. ROLLED: most needed (see following information sheet)
2. Adhesive or other skin tape
3. Gauze compresses (4x4") or rolls of gauze/Vaseline compresses/iodiform gauze/packing
4. Band aids—all sizes
5. Kling bandage rolls

Medications

1. Tylenol (or other brands) for infants, children, and adults
2. Antibiotic ointments for sores
3. Multivitamins with or without iron—children's chewable, adult
4. Ibuprofen
5. Xylocaine
6. Benadryl or other antihistamines

Other Supplies

1. Q-tips
2. Cotton balls
3. Medical scissors—metal, sterilizable
4. Gloves—sterile, non-sterile
5. Stethoscopes/Blood Pressure cuffs
6. Baby gowns/nighties/kimonos

PLEASE, DO NOT SEND: aspirins, patient gowns, soaps, or pill bottles

MAILING INSTRUCTIONS

Packages are being mailed through the Shelby Alliance Church. Please contact, Jean Viers, church secretary, before sending any packages to the church. Jean can be reached by phone at [419] 347-2160, or by email: mviers1@neo.rr.com.

Mailing address:

Shelby Alliance Church
105 East Smiley Avenue
Shelby, OH 44875

It will cost about \$7 per cubic foot to pay for the container costs from Ohio to Mali. This is much less than boat mail (which is no longer available) or air mail, so if you are able to send a contribution to help defray this cost, it will be much appreciated.

HOW TO MAKE ROLLED SHEET BANDAGES

1. The bandages should be made out of used sheets that are 100% cotton or cotton/polyester, or similar materials. They can be any color or print. One place where you might find used sheets is motels or hospitals.
2. The sizes most often used are widths of 2, 3, 4, or 5 inches. The sheets can be torn in these widths. The ends should be sewn together to make one continuous length of bandage. These lengths are then rolled by hand (or some creative people make a bandage roller similar to what people used for an apple peeler) until they are 2" or 3" in diameter. Larger in diameter than that makes it clumsy to handle.
3. When the bandage is done, secure the end of it either with a hand-sewn stitch or a rubber band.